

SOCIAL MEDIA POLICY

Separate Accounts

Tabono holds separate and isolated accounts to be used for the sole purpose of professional matters regarding Tabono Center for Wellbeing. These accounts are separate from any personal accounts held by any staff of Tabono.

Secure Messaging through EHR

Every client is invited to create a client account through our Electronic Health Records System. This allows secure messaging between you and your therapist. This is the preferred electronic method of contacting Tabono.

Email

If you feel it is necessary to contact your clinician via email, please do so only for administrative reasons (modifying appointments, billing information, etc.). Please do not email content related to our counseling sessions, unless otherwise discussed. Email communication is not completely secure or confidential. Any emails received from you and any responses Tabono sends to you become a part of your legal record.

Text Messages

Please do not send text messages, unless otherwise agreed upon. Your clinician will not respond to texting. Any text message received from you becomes a part of your legal record.

Friending

Tabono does not accept friend or contact requests from current or former clients on any social networking site (Facebook, LinkedIn, etc.). Adding clients as friends on these sites can compromise your confidentiality and the therapeutic relationship.

Following

No clinician will follow any client on Twitter, Instagram, blogs, or other apps/websites. If there is content you wish to share from your online life, please bring it to your session where you and your clinician can explore it together. Tabono publishes Tidbits, or blog posts, on our website and social media. You are not expected to follow, nor share these posts. If you do so, please be aware of any easily recognizable names. If your

clinician happens to notice that you are following any of these, you and your clinician may briefly discuss it and its potential impact on your working relationship.

Search Engines

It is not a regular part of Tabono's practice to search for clients on Google, Facebook, or other searchable sites. An exception could be during a crisis. If a clinician has reason to suspect you are a danger to yourself or others and all other reasonable means to contact you and/or your emergency contact have been exhausted, then Tabono may use a search engine for information to ensure your welfare. If this ever occurs, it will be fully documented and discussed at your next session.

Location-Based Services

Please be aware if you use location-based services on your mobile phone you may compromise your privacy while attending sessions. Tabono's office is not a check-in location on various sites such as Foursquare, however it can be found as a Google location. Enabled GPS tracking makes it possible for others to conclude you are a counseling client due to regular check-ins at our office location.

Thank you for taking time to review these policies. Please do not hesitate to ask your clinician any questions about them.